Ch. 10 Muscles Podcast Guidelines

* Follow the podcast rubric to help create and present your information in a podcast.
* Partner Projects
* Use power point or prezi to present information and pictures
* Use screencastomatic.com to record your presentation
* Content should include information from 10-3/10-4 Notes
* Day 1-Thursday
	+ 10-3 Notes
	+ Structure of Muscles: discuss the structures of muscles from the entire muscle all the way down to the molecular level.
	+ Connective tissues, fascicles, myofibrils, sarcomere, I band, A band, thick, thin, myosin, actin, ect.
* Day 2-Friday
	+ Finish 10-3 Notes
	+ Structure of myosin and actin (thin and thick filaments)
* Day 3-Monday
	+ 10-4 Neuromuscular Junction
	+ What is it?
	+ What happens in the neuromuscular junction?
	+ Excitation-Contraction Coupling
* Day 4-Tuesday
	+ Finish notes over contraction and relaxation
	+ Contraction Cycle
	+ What is it?
	+ What happens during the contraction cycle?
* Day 5-Wednesday
	+ 10-5 Notes (**not** included in podcast)
	+ Record Podcasts
	+ Screencastomatic.com
* Day 6-Thursday
	+ Podcasts DUE