Ch. 10 Muscles Podcast Guidelines

* Follow the podcast rubric to help create and present your information in a podcast.
* Partner Projects
* Use power point or prezi to present information and pictures
* Use screencastomatic.com to record your presentation
* Content should include information from 10-3/10-4 Notes
* Day 1-Thursday
  + 10-3 Notes
  + Structure of Muscles: discuss the structures of muscles from the entire muscle all the way down to the molecular level.
  + Connective tissues, fascicles, myofibrils, sarcomere, I band, A band, thick, thin, myosin, actin, ect.
* Day 2-Friday
  + Finish 10-3 Notes
  + Structure of myosin and actin (thin and thick filaments)
* Day 3-Monday
  + 10-4 Neuromuscular Junction
  + What is it?
  + What happens in the neuromuscular junction?
  + Excitation-Contraction Coupling
* Day 4-Tuesday
  + Finish notes over contraction and relaxation
  + Contraction Cycle
  + What is it?
  + What happens during the contraction cycle?
* Day 5-Wednesday
  + 10-5 Notes (**not** included in podcast)
  + Record Podcasts
  + Screencastomatic.com
* Day 6-Thursday
  + Podcasts DUE